

Appx 3 - Recommended provision

Service Area	Service Priorities for VCS preventative services	WHAT WE WILL BUY	NEW VALUE	CURRENT VALUE	(SAVINGS)/ INVESTMENT	Benefits & Outcomes
IAG	Quality advice and information	Advice and information services across priority client groups - Provider/s to hold recognised quality standard - Outreach Services - providing quality advice, information & assessments in community settings - Drop-in advice sessions - Signposting	£ 171,531	£ 171,531		To advise and enable people (including those with moderate and low level needs) to receive support before they reach crisis, reducing pressure on statutory services. It will divert people from the care pathway by signposting for welfare benefits, equipment and community provision and other appropriate preventative services. To reach those who do not have internet access or who have a low literacy levels. Advice will be targetted at priority areas for ASC and areas where there is high demand for ASC services such as dementia but should also be open to other client issues including things such as stroke, head injury etc to help reduce pressure on statutory services.
ADVOCACY	Advocacy services which enable people to navigate the social care pathway and access appropriate services	Advocacy services meeting the needs of the following client group specialisms: - MH/Autism - LD - Dementia - Physical & Sensory Disability/head injury - Carers - OP Service users who don't fit into one of the specialisms will be able to access generic advocacy provision HIV advocacy will sit within HIV provision although generic services can be used Agreed qualifications & quality standards will be required. Peer advocacy for relevant groups.	£ 230,000	£ 364,690	(£134,690)	Ensures fair access to services for all vulnerable people. In response to the increasing take up of direct payments, advocacy involvement in resolving employer issues and conflicts will be available, advocacy will be focused on enabling access to services and continuing care as a priority but can work on other issues. Support for groups who currently have no focused provision at present. ICAS and IMHA advocacy will be commissioned at the same time - although that is additional investment not related to the VCS review but enabling advocacy to be commissioned in a co-ordinated way. Access issues relating to equalities such as BME issues and disability will be addressed via the procurement.
GENERIC	Low level prevention services	Specialist service to access charitable funding in order to provide grant aid or equipment to vulnerable people to enable them to remain in their own home.	£ 47,000	£ 46,818	£182	Supports people in times of crisis and reduces the need for costly crisis intervention. The grants raised by the charity will enable the purchase of essential items, which would otherwise have to be provided by the Local Authority.
OP	Low level prevention services	Good Neighbour scheme - Support that enables people to stay in their own homes including form filling, shopping, odd jobs, support when people come home from hospital, support with pets, gardening and other non-care tasks. Supported by volunteers.	£ 63,737	£ 52,064	£11,673	Supports people to stay in their own home and reduces social isolation and improves emotional wellbeing. Delivery of service through use of volunteers. Links well to Health risk stratification work. Referrals will be limited to statutory services.
		Social groups, for example book clubs, local history clubs to reduce social isolation and improve memory				Reduces social isolation and provides emotional support.

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OP	Community Opportunities - to reduce isolation, improve mobility/memory, increase confidence & motivation, provide emotional support.	Peer support - to provide practical and emotional support and to increase skills, confidence and motivation. Asset based approach. Leisure and social activities eg gentle exercise, yoga, swimming, armchair exercises - to improve mobility, lunch clubs, coffee mornings, cook and eat sessions to reduce social isolation and increase confidence	£ 228,328	£ 188,328	£40,000	Reduces social isolation and provides emotional support. Supports improved memory and concentration. Increases and improves mobility and stability which in turn can reduce trips or falls. Increases confidence and motivation and general wellbeing. Builds on the skills older people can offer to others in the community through intergenerational work. Grant fund these services.
SENS DISABILITY	Reablement (process of regaining skills, confidence and independence)	Support to develop life skills to help people live independently (eg: personal care, meal preparation, mobility)	£ 164,118	£ 164,118	(£0)	Unlike traditional social care approaches where someone visits services users in their home and does these tasks for them, with reablement, work is done with service users to help them learn or re-learn important tasks needed everyday life. This reduces service dependency and supports people to be more independent. Ensure no over lap with services funded by PB's.
		Low level equipment	£ 22,000	£ 22,000	(£0)	
SENS DISABILITY	Rehabilitation Register	Maintaining a Register of Blind and Partially Sighted People is a legal requirement (statutory function) for Local Authorities, which LCC (and County and Rutland) has delegated to one provider.	£ 11,001	£ 11,001	(£0)	Statutory Function - forms part of a wider service offering and will negotiate over contract value to ensure VFM
DEMENTIA	Specialist support for early onset dementia for service users and their families/carers	Volunteer Befriending services	£ 15,198	£ 15,198		Trained volunteers to support younger and older people living with dementia, enabling them to continue to access ordinary services, prevent crisis, hospital admission and carer breakdown
		Support that enables people to stay in their own homes, form filling, shopping and other non-care tasks. - Good Neighbour Scheme	N/A	N/A		To give carers additional support; prevent crisis situations; help carers maintain their own health and well being and maintain relationships with friends/family etc.
		Flexible carer breaks for people with dementia	£ 10,000	£ -	£10,000	
MH / ASD	Interventions that address the needs of service users/carers with complex and/or multiple needs	Specialist Asperger's service - Peer support Groups	£ 10,000	£ 8,058	£1,942	Reduces the social isolation typically experienced by these groups which has a detrimental affect on their mental health and well being. It also increases community capacity through the recruitment of trained volunteers who develop an understanding of the conditions and are able to offer low level support, often avoiding escalation of issues.
	Community Opportunities - to reduce isolation, increase confidence & motivation, provide emotional support.	A range of low level support including IAG, peer support groups, self-help groups, drop-ins, befriending. Grant funding will be considered as a procurment option.	£ 130,000	£ 110,116	£19,884	Offers quick access to support at times of crisis or when people are feeling low which can avert escalation and the need to access support from statutory services. Reduces the social isolation typically experienced by these groups which has a detrimental affect on their mental health and well being.

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MH	Interventions that address the needs of service users/carers with complex and/or multiple needs	Counselling support - grant funded	£ 40,000	£ 39,576	£424	Work continues with Clinical Commissioning Group colleagues to look at the issues relating to access to IAPT and counselling services. The consultation showed how important these services are and the Council will therefore continue to commission at this stage as part of its commitment to joint working and supporting the mental health needs of those in the city.
MH	Promoting inclusion and participation in wider service design at a strategic level	Strategic infrastructure service to support and enable people who have experienced MH problems and their carers to be meaningfully involved in influencing local service planning, development and delivery and evaluation and to influence decision-making processes on mental health issues	£ 40,000	£ 41,606	(£1,606)	Empowers and supports people to have a say and be involved in how services are designed, delivered and evaluated.
CARERS	Promoting inclusion and participation in wider service design at a strategic level	Partnership working to promote early identification and recognition of carers and to involve carers in shaping service design and delivery via empowerment, carer forums and engagement	£ 15,000	£ 14,990	£10	Promotes carer identification and recognition and by working with service providers carer needs can be appropriately identified
	Early Identification and Recognition of carers Quality Advice & Information	Specialist Carers Advice & Information including outreach provision	£ 35,000	£ 70,800	(£800)	To advise and enable people with moderate and low level needs to receive support before they reach crisis, reducing pressure on statutory services. It will divert people from the care pathway by signposting for welfare benefits, equipment and community provision and other appropriate preventative services. To reach those who do not have internet access or who have literacy issues.
		Carer outreach service in GP and hospitals/hospital discharge providing information, advice and signposting.	£ 35,000			
	A Life Outside Caring & Supporting Carers to Stay Healthy - Flexible and varied short break opportunities for carers	Carer training and support - including targeted training eg: coping with responsibilities, planning for emergencies	£ 65,000	£ 52,976	£12,024	To give carers more confidence in their role. Training in basic first aid and handling will also prevent injury to the service user and the carer. In the case of the service user this could prevent potential safeguarding issues
		Carer Counselling	£ 20,000	£ -	£20,000	To enable carers under extreme pressure to continue their role.
Carer Break Schemes		£ 177,037	£ -	£112,076	To reduce placement breakdown and support carer health and wellbeing. Reduce the need for service users to go into residential care and/or need emergency social care. Services will vary to suit need.	
A range of peer support groups and drop-ins. Consider grant funding.	£ 64,961					
		Awareness raising and partnership working to ensure wider service provision doesn't discriminate and is aware of issues around disclosure of HIV status				Need to ensure other services understand and accommodate the needs of those with HIV/AIDS - promoting inclusion

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<i>People with HIV/AIDS</i>	Work to reduce the stigma of HIV/AIDS and support people to live healthy lives.	Practical sessions to help people maintain a healthy lifestyle	£ 107,732	£ 107,732		Service to promote wellbeing will continue to be commissioned to avoid need for other services
		Peer support groups, befriending groups, self-help groups, drop-ins to provide emotional support				Peer groups, self-help, befriending and drop-in provision will continue as a good way of supporting people to remain independent
		Quality advice and information - generalist and specialist - providers to hold recognised quality standard				Advice and outreach for hard to reach communities will be commissioned as there are many vulnerable groups in Leicester who may find it hard to access services
		HIV/AIDS Advocacy				Specialist provision will be beneficial as this service user group values confidentiality.
TOTAL TO BE INVESTED			£ 1,637,682	£ 1,546,563		